

Semester 1	July				August				September				October				November				December			
	W1	W2	W3	W4	W1	W2	W3	W4	W1	W2	W3	W4	W1	W2	W3	W4	W1	W2	W3	W4	W1	W2	W3	W4
Tools																								
#T1 - Locus of Control																								
#T2 - Cognitive Distortions																								
#T3 - DISC Profile																								
#T4 - Beleif Modification																								
#T5 - Eishour Decision Matrix																								
#T6 - Life Balance Tool																								
Syndromes																								
#S1 - Coping with Loss																								
#S2 - Cynicism																								
#S3 - Driven By Fear																								
#S4 - Fierce Independence																								
#S5 - Going To Excess																								
Group Coaching																								
#G1 - Student 1																								
#G2 - Student 2																								
#G3 - Student 3																								
#G4 - Student 4																								
#G5 - Student 5																								
121 Coachinbg																								
#O1 - Session 1																								
#O2 - Session 2																								
#O3 - Session 3																								
#O4 - Session 4																								
#O5 - Session 5																								
Book Club																								
#B1 - The Prosperous Coach																								
#B2 - The Coaches CaseBook																								
Coaching Business																								
#C1 - Technology																								
#C2 - Web Site																								
#C3 - Marketing																								
#C4 - The Session																								
#C5 - Communication Skills																								
Fun Time																								
#F1 -																								
#F2 -																								
#F3 -																								
#F4 -																								
#F5 -																								

July		
W4	#T1	#O1

August		
W1	#T2	#O1
W2	#S1	#C1
W3	#G1	#F1
W4	#B1	

September		
W1	#T3	#O3
W2	#S2	#C2
W3	#G2	#F2
W4	#B1	

October		
W1	#T4	#O3
W2	#S3	#C3
W3	#G3	#F3
W4	#B2	

November		
W1	#T5	#O4
W2	#S4	#C4
W3	#G4	#F4
W4	#B2	

December		
W1	#T6	#O5
W2	#S5	#C5
W3	#G5	#F5
W4	#B2	

Semester 2	March				April				May				June				July			
	W1	W2	W3	W4	W1	W2	W3	W4	W1	W2	W3	W4	W1	W2	W3	W4	W1	W2	W3	W4
Tools																				
#T7 - 50 Q. Find your Passion in Life	■																			
#T8 - Goals Setting & Achievement				■																
#T9 - Anger Management								■												
#T10 - Values										■										
#T1 - Define Your Purpose in Life																■				
Syndromes																				
#S6 - Imposter Syndrom		■																		
#S7 - Perfectionism					■															
#S8 - Ostrich Syndrom									■											
#S9 - People Pleasing												■								
#S10 - Procrastination																	■			
Group Coaching																				
#G6 - Student			■																	
#G7 - Student					■															
#G8 - Student									■											
#G9 - Student												■								
#G10 - Student																	■			
121 Coachinbg																				
#O6 - Session 6	■																			
#O7 - Session 7				■																
#O8 - Session 8								■												
#O9 - Session 9												■								
#O10 - Session 10																■				
Book Club																				
#B3 - The Atomic Habbit				■				■												
#B4 - Rising Strong												■				■				■
Coaching Business																				
#C6 - Technology		■																		
#C7 - Web Site					■															
#C8 - Marketing									■											
#C9 - The Session													■							
#C10 - Communication Skills																	■			
Fun Time																				
#F6 -			■																	
#F7 -						■														
#F8 -									■											
#F9 -														■						
#F10 -																			■	

March		
W1	#T7	#O6
W2	#S6	#C6
W3	#G6	#F6
W4	#B3	

April		
W1	#T8	#O7
W2	#S7	#C7
W3	#G7	#F7
W4	#B3	

May		
W1	#T9	#O8
W2	#S8	#C8
W3	#G8	#F8
W4	#B3	

June		
W1	#T10	#O9
W2	#S9	#C9
W3	#G9	#F9
W4	#B4	

July		
W1	#T11	#O10
W2	#S10	#C10
W3	#G10	#F10
W4	#B4	